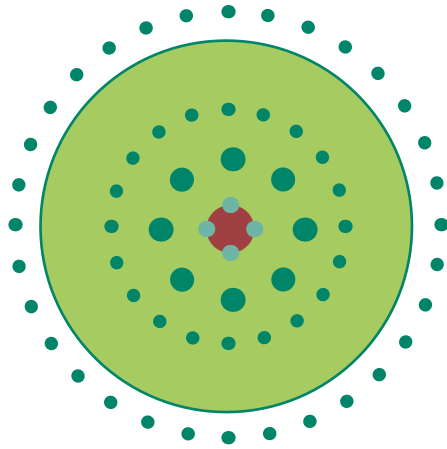


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## Divorce Recovery

*Beginning  
again  
after  
divorce*

other C.A.R.E.S. programs

Good \$ense  
GriefShare  
Man to Man  
Woman to Woman

**C.A.R.E.S.**

Connecting through  
Authentic  
Relationships that  
Edify the  
Soul

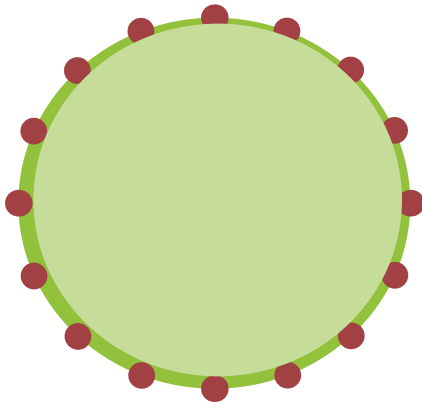
Greentree Community Church  
[www.greentreechurch.com](http://www.greentreechurch.com)

## Divorce Recovery

Divorce recovery is a program dedicated to individual recovery and beginning again after divorce. We are committed to helping people heal through a self-directed process and the effective support and leadership of volunteer facilitators.

Divorce recovery reaches out to men and women of all races, ages, and national origins who express a need for program participation. Divorce recovery is a spiritual program based on Christian tenets for the purpose of divorce recovery. It is open and may be applied to people of all faiths.

Divorce recovery is an educational and supportive eleven week process designed to be experienced within a small group setting, typically in the home of a facilitator. Meeting weekly for 2 1/2 hours, the group works through difficult and emotional matters.



## Topics covered

- Understanding the "grief cycle" and its impact
- Confronting feelings of guilt, fear and anger
- Learning to forgive
- Dealing with your ex-spouse
- Responding to your children
- Dating after divorce
- Self esteem
- Contentment
- Rebuilding one's life after divorce.

### Program begins

January 2008. Will meet weekly, day to be determined most convenient by group

### Location

Janet Whitley  
924 Brightfield Court  
Ballwin, MO 63021

### Cost

\$30 per person  
Financial Assistance available.

### All inquiries to

Gennie Schneiderhahn  
314.909.9197  
gennie@greentreechurch.com

## Divorce Recovery Application

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Please include payment with your application \*Checks are payable to Greentree Community Church (GTCC)

Cash  Check